



Fire and Life Safety, Inc.

Armed Intruder and Active Shooter in a LTC and Senior Living Communities

Plan...Respond...and Survive *"The Unthinkable"*



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Stan Szpytek,
President

Fire and Life
Safety, Inc. (FLS)



- California Association of Health Facilities
 - Life Safety / Emergency Prep
- Utah Health Care Association
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- Arizona Health Care Association
 - Life Safety
 - Disaster Ready / EPIC
- Fire and Life Safety, Inc. Clients
 - Arizona Association for Community Health Centers
 - Arizona Ambulatory Surgery Centers Association
 - Skilled Nursing Facilities
 - Assisted Living Facilities
 - In-Patient Hospice Facilities
 - Community Health Centers
 - Continuing Care Retirement Communities
 - Long-Term Care Associations-Nationwide
- Deputy Fire Chief / Fire Marshal
 - 26 years- Chicago-area Fire Department
 - Paramedic
 - Honorably Retired- 2003





Derrick Denis,
Vice President- Indoor
Environmental Quality

Clark, Seif, Clark





Today's Session...

- Review of Real World Incidents
- Importance of Situational Awareness
- Concepts: PHASE and CAVE Incidents
- Case Study- Active Shooter in a LTC Facility
- Expectations- Law Enforcement Response
- Response "Options" = The Four Outs
 - Tactical Considerations
- Calling for Help
- Recovery Considerations
- Tabletop Exercise

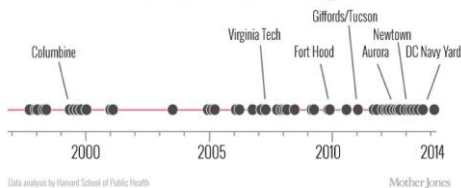


July 4th Parade- Highland Park, IL



Active Shooter Incidents...

Time Between Mass Shootings



Be Aware | Alert



Preparedness

- You cannot prepare for every eventuality, but... failing to prepare is preparing to fail
- Preparing and practicing for emergencies (fire drills, exercises, lockdown, etc.) makes you & the team better when the unforeseen happens

Ready Yourself

My EDC

- It's all just stuff.
- It may be cool stuff, but in the end it's still just stuff.
- You are the weapon.

~ Derrick A. Denis



Get Fit For the Fight

- Emotional Fitness
- Spiritual Fitness
- Financial Fitness
- Physical Fitness



Steve "The Lawyer"



The prevailing attitude:
"It won't happen here."



Any Given Day...



El Paso ~ Dayton



Westchester Senior Living Tempe, AZ- July 27, 2016



Tulsa, OK- Targeted Shooting

A letter recovered on the suspect -- identified by police as Michael Louis, 45, of Muskogee, Oklahoma -- "made it clear that he came with the intent to kill Dr. Phillips and anyone who got in his way," Franklin said. "He blamed Dr. Phillips for the ongoing pain following the surgery."

The three others killed were Dr. Stephanie Husen, receptionist Amanda Glenn and patient William Love, Franklin said.



On The Loose...Terror in the Streets



What If Your Facility Is Across The Street?



Situational Awareness: Part of Emergency Operations Plan Development!



How Vulnerable Are They?



Concepts



Armed Intruder and Active Shooter in the Long Term Care Environment:
Plan...Respond...and Survive "*The Unthinkable*"

Concepts

PHASE® Incident

CAVE® Incident

Rapid Response



PHASE® Incident



PHASE Incident

P: Personal
H: Hostile
A: Agenda
S: Singular
E: Event



PHASE Incident

Personal: This incident is not random and occurs between known persons. The incident is driven by an emotional cause (passion, rage, love, revenge, etc.)

Hostile: The offender's action toward the victim is driven by emotion and will be brutally violent

Agenda: The offender has a premeditated plan and has come to the facility prepared to carry it out

Singular: The incident will be over once the agenda has been completed; not a continuous act

Event: The quantified incident

PHASE Incident Examples



PHASE® Incident

- Domestic dispute
- Mercy killing
- 'Wrongful death'—targeting caregiver
- Resident mistreatment/abuse
- Child custody
- Employee harassment
- Employee termination

CAVE® Incident



CAVE Incident

C: Continuous
A: Active
V: Violent
E: Event



CAVE Incident

Continuous: The offender will continue the incident until (s)he is stopped by some outside force

Active: The offender's agenda has no clear end point. (S)he may have an objective, but it is very broad and not clearly defined

Violent: Because the objective is broad, the offender needs a grandiose method to carry it out (e.g., large quantities of weapons, munitions, and possibly explosives). The method of violence delivery is usually well thought out

Event: The quantified incident

CAVE Incident Examples

- Mental illness
- 'Wrongful death' (departmental-wide)
- Resident mistreatment/abuse
- Employee termination
- Political agenda
- Personal agenda



Evolution of PHASE® into CAVE®





Rapid Response



Rapid Response

- A trained, coordinated law enforcement technique to respond to and mitigate the potentially high casualty count from an active-shooter incident
- Developed after and due to the Columbine High School mass shooting in 1999
- Primary objective: Enter the facility, proceed to the sound of gunfire, stop the threat
 - The initial entry team will bypass the wounded and those in need of help
 - The second entry team is tasked with assisting the wounded and directing evacuation





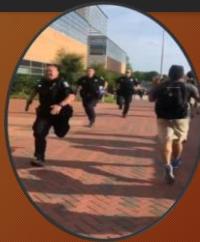
Rapid Response



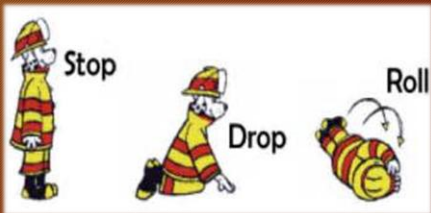
Response to Law Enforcement Arrival

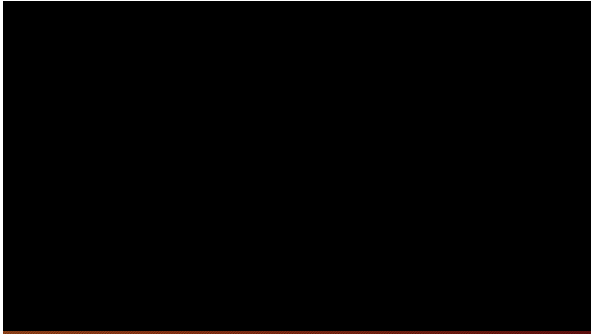
- Officers will be in different uniforms but will be clearly identifiable as police
- Follow law enforcement directions
- Do not have any items in your hands
- Keep your hands up. Try and remain calm
- Do not run or make sudden movements toward officers
- Do not yell, scream, or speak with officers
- Expect to be detained, searched, and questioned

Law Enforcement Training



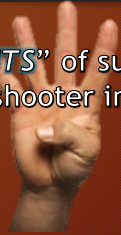






Active Shooter Safety Action Plan

The 4 “*OUTS*” of surviving an active-shooter incident



Active Shooter Safety Action Plan

Get Out	Hide Out
Keep Out	Take Out

YOU

911

Information to give the 911 Operator

- Facility name and location
- Your name
- Nature of the event
- Description of the subject or shooter (if known)
- Type of weapon(s)
- Persons injured—number and extent

Firearm Tutorial

Firearm Styles

- It is not important that you are a 'firearm expert' when giving information to the 911 operator
- You do not need to know make, model, or caliber
- If possible, give the 911 operator the style of firearm
 - Handgun: A firearm that can be held in one's hand (e.g., a pistol or revolver)
 - Long gun: A firearm that is designed to be fired by mounting on one's shoulder (e.g., a rifle or shotgun)

Types of Pistols

Single-Action Revolver

Double-Action Revolver

Semi-Automatic Pistols

Actions for Long Guns

Bolt Action

Lever action

Pump Action

Semi-Automatic Action

Hinge Action

Falling Block Action

Active Shooter Safety Action Plan

Hide Out

- Inconspicuous place
- Cover yourself
- Call or text 911 if able and safe to do so
- Be QUIET
- Silence cell phones, pagers, etc.
- Be still - Stay Focused
- Hide in 'plain sight'
- Play dead

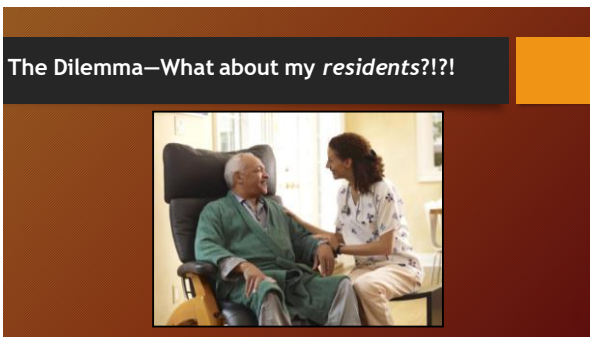


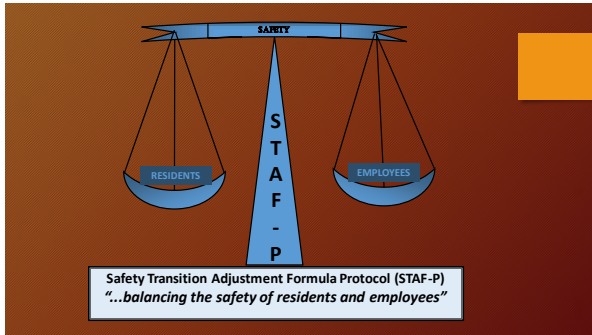
HIDING
IN
PLAIN
SIGHT

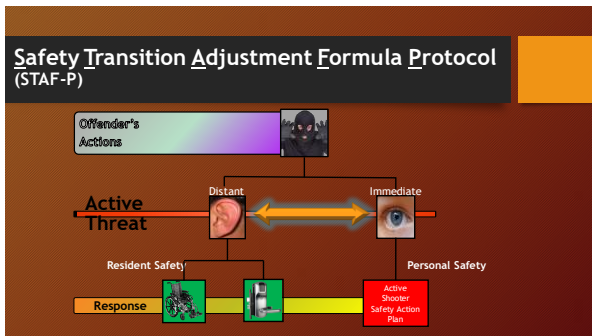


















THANK YOU



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Have a Wonderful Day!







HOW TO RESPOND TO AN ACTIVE SHOOTER IN THE FACILITY

QUICKLY DETERMINE THE MOST REASONABLE WAY TO PROTECT YOUR OWN LIFE. PATIENTS, RESIDENTS AND VISITORS ARE LIKELY TO FOLLOW THE LEAD OF EMPLOYEES AND MANAGERS DURING AN ACTIVE SHOOTER SITUATION.

1. GET OUT

- Exit quickly as possible
- Leave belongings behind
- Encourage others to go
- Stay focused
- When safe, call 9-1-1

2. HIDE OUT

- Inconspicuous places
- Cover yourself
- Call 9-1-1 is possible
- Stay focused
- Remain still

3. KEEP OUT

- Locks / deadbolts
- Big, heavy things
- Lots of smaller things
- Once secure, call 9-1-1

4. TAKE OUT

- Use as last resort
- Commit to the act
- Act with aggression
- Focus on survival

WHEN LAW ENFORCEMENT ARRIVES:

1. HOW YOU SHOULD REACT WHEN LAW ENFORCEMENT ARRIVES:

- Remain calm, follow instructions
- Keep hands over head, fingers spread
- Keep hands visible at all times
- Avoid yelling, screaming or pointing
- Do not attempt to talk to officers or ask questions
- Do not make any quick movements towards officers

2. INFORMATION TO PROVIDE TO LAW ENFORCEMENT OR 9-1-1 OPERATOR:

- Location of facility name and address
- Location of shooter
- Number of shooters, if known
- Number of victims, if known
- Your name
- Number and types of weapons shooter has
- Clothing description of shooter(s)

For more information on Active Shooter Training, contact FLS at:

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