



Life Enrichment Checklist

The following elements are components based on CMS Critical Element Pathway and State Operations Manual to determine if organization is meeting the resident's activity needs.

Date:	Reviewer:	Resident(s):
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Compliance Element	Yes	No	N/A	Comments
General				
Policies and Procedures are in place and current				
Policies are reviewed annually and updated as needed				
Pet policies address pets/animals in the organization consistent with state regulations				
Program directed by qualified therapeutic recreation specialist or an activities professional licensed or registered, if applicable, by the State				
Adequate staffing with requisite skill level appropriate to resident population				
Staff are wearing ID badges				
Pre-employment requirements are met for any new staff (PPD, criminal background)				
Staff screened through the OIG exclusion, SAM and State Medicaid exclusion list, if applicable, upon hire and monthly				
Staff attend mandatory training (new hire and annual) with documentation readily available				
Activities staff participate in resident care conferences				
Activities staff participates in organization QAPI program				
Functional resident council program is in place with minutes of meetings				
Documentation of responses to residents' concerns in the Resident Council minutes or in grievances				
Activities area clean, clutter free with ability to adjust lighting and sound as needed				
Cleaning of supplies and equipment per infection control policy				
Refrigerator/freezer – food/beverages labeled and dated. Frig temperature at or below 41 degrees unless otherwise specified by law				
Documents, charts, and other media containing resident health information are concealed from public access and view.				
Documentation				
Thorough assessment of the resident's activity interests, preferences, and needed adaptations. Updated with resident's changing condition.				
Recent RAI assessment accurately and comprehensively reflects the resident's status				
Baseline care plan within 48 hours of admission that includes the minimum healthcare information necessary to properly care for immediate needs of resident				



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Compliance Element	Yes	No	N/A	Comments
Resident/resident representative receive written summary of baseline care plan in a format they can understand				
Comprehensive person-centered care plan (identified needs, measurable goals, resident involvement, preferences, choices, etc.) completed within 7 days of the completion of comprehensive assessment and no more than 21 days after admission				
Periodically reassess effectiveness of interventions. Review and revise resident's care plan with input from the resident or resident representative, to the extent possible				
A significant change comprehensive assessment conducted within 14 days of significant change in resident's condition				
Staff have skills/qualifications to assess relevant care areas. Knowledgeable about resident's status, needs, strengths, areas of decline to accurately complete resident assessment				
Activity Engagement				
Activities calendar reflects variety of categories per policy (physical, cognitive, psychosocial, spiritual, intellectual entertainment)				
Activities adapted to varying levels of abilities (Low, moderate and high functioning)				
Gender and age group diversity based on population				
Special events and community-based programs				
Opportunities for community outings				
Customized to meet the assessed needs of resident population				
Activities provided consistently 7 days per week and includes at least 2 weeknights				
Variety of locations utilized throughout organization. Setting is suitable for residents with special needs				
Individual participation records indicate resident involvement in activities (frequency of attendance, type of involvement, goal directed)				
Programs provided according to calendar (begin/end on time, location, type of activity)				
Residents are assisted to the program				
Residents actively engaged in program. Express positive emotion/satisfaction verbally or nonverbally during activity				
Programs are appropriate to resident level of functioning				
Programs are appropriate duration and size for level of functioning of participants				
Program leader is prepared with appropriate supplies and room set-up				
Infection control precautions maintained per policy				
Dietary precautions/restrictions followed. Food safety considerations				
Safety and precautions are observed				
Program is adapted to meet vision, hearing, speech, language, and physical impairments				

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